



Training Course MOTIVATED TO LEARN

Bucharest – Romania

24 Marzo – 3 Aprile 2016

1. General information

Number of participants from each country: 5 (gender balanced)

Age of the participants: 18+

Working language: English

Partner Countries: Romania, Lithuania, Turkey, Italy, Bulgaria

2. About the project

The mission of this project is to develop the skills of youth workers so they can be able to motivate the young people involved in the educational process. For this to be accomplished, we aim that during the project participants:

*Improve their knowledge in verbal, nonverbal, paraverbal and assertive communication, types and methods to motivate young;

*They will shape and improve: Identification and analysis of young people's needs ; use of non- formal methods to motivate young, efficient communication with different groups of young people;

*They will develop attitudes of inclusion towards young people with fewer opportunities, increase confidence in the ability to work with young people, communicate and help them in the process of personal development.

*They will become aware of the role they have in the education of young people and will have a more responsible and proactive attitude regarding their involvement in this process.

*Our participants are motivated individuals to improve the education process of young people. Some of them are economically , socially or geographically disadvantaged.

Our objectives are aligned with the macro Erasmus + objectives as mentioned in the form. We want to combat rising unemployment levels , to help young people to realize their long life learning potential, giving them the confidence and tools they need to participate actively in society and also to frame all of

this within the European context, to help young people to have a new, larger perspective on these activities.

The project will have an impact not only locally but also at European level through the dissemination activities undertaken by participants in the communities they belong to. The impact and dissemination activities will provide a good visibility for Erasmus +.

Long-term we expect the project to encourage youth workers to stand up, be proactive in the education process, identifying problems and using the skills acquired to resolve them at the micro level, communicating with young people directly or macro level , elaborating Erasmus+ projects or participating in them.

3. Arrival and departure

You are expected to arrive on 24 of March until 18:00 at the Bucharest International Airport Henri Coanda or Bucharest city center, as the seminar starts with common dinner and a getting to know each other session, after dinner. You can arrive a few days before the TC and also stay longer but you have to find your own accommodation for the extra days.

Eligible means of transport: bus, train, personal car, plane. You can arrive in Bucharest airport or directly to the hotel. From the airport you should take bus 783 to Piata Unirii, or bus 780 to Gara de Nord and from there someone will pick you up. We will give you more details after we know your booking.

4. What to bring

We kindly ask you to bring: Map, posters, photos, postcards about your country/region/town to be displayed during the International Evening; Some gastronomic specialties (food and/or drinks) for the International Evening; Clear information (in English) about the main activities of your organization Warm clothes, resistant boots, jacket; Comfortable clothes for the sessions. A nice outfit for the intercultural night.

5. Venue and accommodation

The training course takes place in Bucharest, the capital of Romania. You will be accommodated in doubled rooms with shower and toilet. Here you can find more information about the accommodation <http://hotelrazvan.com/>

We won't put people from the same nationality in rooms in order to give you the chance to learn about new cultures. We will have 3 meals per day and we will also provide vegetarian food.

6. Costs / travel expenses and reimbursement

Board and lodging during the training course as well as all programmed costs are covered by our Erasmus+. You might need some personal money for drinks, shopping, etc. outside the programme (around 2 – 2.5 € for a small beverage).

Travel expenses will be reimbursed by the organization directly to partner organization from each country. Please make sure you respect the maximum amount of money that we can reimburse: **Italy: 275**
Euro/participant Lithuania: 270 Euro/participant Turkey: 270
Euro/participant Bulgaria: 180 Euro/participant

In case your ticket is more expensive, you will have to cover the extra costs. Participants have to buy the tickets themselves and bring/send us all original documents. Our association will transfer the money for the participants to the partner organization and the partner organization will reimburse you the money through bank transfer. This can last 1, 2 months after the activity is finished. Make sure to bring with you the following documents for the reimbursement:- Plane, bus, train ticket that has your name on it; - Proof of payment: bank statement if you paid by bank or receipt if you paid by cash - Boarding pass- for plane During your stay in Romania, you will not be accident-insured, health-insured and personal liability-insured by us, so if you want please provide such a private insurance in your own country and make sure you will bring it with you. Or you have the possibility, for the health insurance, to ask for the European Health Card which is free of charge and can be procured from your countries (available only for EU member states citizens).

7. Youthpass

Within the frame of ‘recognition of non-formal learning’, participants will receive a Youthpass Certificate after the course upon their request. Youthpass is an official recognized tool in order to validate non-formal learning aspects gained during the training. It is important that, before coming to the training course, participants reflect upon what competences they aim to develop by taking the initiative to participate to our training course. For further information, just follow the link: <http://www.youthpass.eu>